



BEWL VALLEY SAILING CLUB



TRAINING 2015

Get Sailing!



Welcome...

Bewl Valley Sailing Club Training Prospectus



Bewl Valley Sailing Club, as a RYA recognised Training Centre, runs courses based on the National Sailing, Windsurfing and Powerboat Schemes. Whatever your ability, Bewl Valley Sailing Club has a course for you. Whether you're an absolute beginner, want to improve your skills, or simply need help getting back out onto the water, our excellent team of qualified instructors have all the skills and knowledge to help you achieve your goals, and all this is done in a fun and relaxed environment.

We look forward to seeing you here soon.

The Team at Bewl Valley Sailing Club

Contents

Youth Sailing	4 - 8
Youth Windsurfing	9
Youth Squad	10 - 11
Youth Week	12
Adult Sailing	13 - 19
Adult Windsurfing	20 -21
Instructor Training	22 - 23
Powerboating	24
Booking	25
Club Membership	26
How to find us	27



Swallows & Amazons

At Bewl we encourage our youngest sailors to get on the water in the safe and supportive environment of our parent led Swallows and Amazons groups.

Based around the popular Optimist class, these dinghies provide the ideal stable learning platform to introduce children to the fun of sailing.

Sailing is a great way for your children to improve self-confidence, work as a team and become more responsible.

We expect parents to take an active role in supporting their child, helping with rigging and getting on and off the water. There will be an RYA Dinghy Instructor helping run the session alongside the parents.



Swallows have-a-go mornings

No Experience Needed | £15 + £5 Boat Hire

These sessions are for children 5 – 8 years old who are ready to have fun and start being introduced to single handed sailing. Non-members are welcome to attend two sessions before joining. **09:30 - 12:30**

9th May	Sat	20th June	Sat	1st August	Sat	5th Sept	Sat	3rd October	Sat
16th May	Sat	27th June	Sat	8th August	Sat	12th Sept	Sat	10th October	Sat
23rd May	Sat	4th July	Sat	15th August	Sat	19th Sept	Sat		
30th May	Sat	11th July	Sat	22nd August	Sat	26th Sept			

Swallows - Stage 1 - 4 afternoons

No Experience Needed | £80 + £20 Boat Hire

After a few have a go sessions and your child has built confidence they can join the afternoon sessions and work towards gaining the RYA Stage 1 qualification. Cost includes logbook and certificate. **13:30 - 16:30**

Group 1 - 9th, 16th 23rd and 30th May
Group 2 - 20th, 27th June, 4th and 11th July

Group 3 - 1st, 8th, 15th and 22nd August
Group 4 - 12th, 19th, 26th Sept and 3rd October

Amazons - Stage 2 - 6 mornings

Stage 1 required | £120 + £30 Boat Hire

Once your child has completed Stage 1 they are welcome to join the Amazons group which aims to train our Optimist sailors up to RYA Stage 2. Children will probably need to attend at least 6 sessions to reach the required standard. Cost includes logbook and certificate. **09:30 - 12:30**

Group 1 - 9th, 16th 23rd, 30th May, 20th and 27th June
Group 2 - 4th, 11th July, 1st, 8th, 15th and 22nd August

Group 3 - 5th, 12th, 19th, 26th Sept, 3rd and 10th October

*Please note due to the age of the children we will cancel these events if the weather is not favourable



Youth Courses

Youth sailing (8-16 years) runs all year round. With its extensive holiday programme, weekend and evening clubs, youth sailing has never been so strong at Bewl and is constantly growing! The RYA Youth Sailing Scheme has been developed to give young people a fun, enjoyable and progressive way to learn to sail. This is broken down into four stages and once each stage has been completed satisfactorily, a certificate will be awarded.

RYA Stage 1

No Experience Needed | 2 Days | £99 Members | £129 Non Members

This course is ideal for those with little or no previous sailing experience. At the end of this introductory course you will have the basic understanding of how a boat sails and some experience of steering and handling the boat. **09:30 - 16:30**

25th – 26th May
13th – 14th July
16th – 17th July
20th – 21th July
23rd – 24th July

Mon – Tue
Mon – Tue
Thur – Fri
Mon – Tue
Thur – Fri

27th – 28th July
3rd – 4th August
6th – 7th August
10th – 11th August
13th – 14th August

Mon – Tue
Mon – Tue
Thur – Fri
Mon – Tue
Thur – Fri

17th – 18th August
20th – 21st August
31st Aug - 1st Sept
3rd – 4th September

Mon – Tue
Thur – Fri
Mon – Tue
Thur – Fri



RYA Stage 2

Prerequisite Stage 1 | 3 Days | £145 Members | £175 Non Members

This course enables you to develop your knowledge and basic sailing skills. Having completed this course you will be able to attend Youth Squad training. **09:30 - 16:30**

27th – 19th May
15th – 17th July
22nd – 24th July

Wed – Fri
Wed – Fri
Wed – Fri

29th – 31st July
5th – 7th August
12th – 14th August

Wed – Fri
Wed – Fri
Wed – Fri

19th – 21th August
2nd – 5th Sept
28th – 30th October

Wed – Fri
Wed – Fri
Wed – Fri

RYA Stage 3 & 4

Prerequisite Stage 2 | 5 Days | £235 Members | £265 Non Members

This is a development course designed to sharpen up your skills and get the most out of your sailing in a variety of craft and conditions. We recommend you work towards either stage 3 or stage 4, as it may prove difficult to achieve both stages within the 5 days. **Course runs from 09:30 - 16:30 11 Years +**

6th – 10th April
25th – 29th May
20st – 24th July

Mon – Fri
Mon – Fri
Mon – Fri

27th – 30th July
10th – 14th August
17th – 21th August

Mon – Fri
Mon – Fri
Mon – Fri

31th Aug – 4th Sept
26th – 30th October

Mon – Fri
Mon – Fri



Advanced Skills Week

Prerequisite Stage 4 or Level 2
5 Days | £249 Members | £279 Non Members

This week allows you to work towards two of the RYA Advanced Sailing modules: 'Seamanship Skills' and 'Sailing with Spinnakers'. These modules are a fantastic way to consolidate your knowledge, whilst learning more in depth skills that will allow you to reach your full potential when out on the water. **09:30 - 16:30**

3rd – 7th August

Mon – Fri

26th -30th October

Mon – Fri



Youth Windsurfing

(8-16 years)

Why not come down and try something new this summer, with our fully qualified RYA Instructors and Starboard, Bic and Tushingam kit.

RYA Stage 1

No Experience Needed | 2 Days | £99 Members | £129 Non Members

This course is ideal for those with little or no experience. At the end of this introductory course you will be able to get on the water sailing the board across the wind and back. 10:00 - 16:00

27th – 28th July

Mon – Tue

17th – 18th August

Mon – Tue

RYA Stage 2

Prerequisite Stage 1 | 3 Days | £145 Members | £175 Non Members

Following on from Stage 1 the aim of this course is to get you on your board, making progression towards & away from the wind, tacking, gybing, practicing and mastering your skills. Once you have completed this course you will be able to join in on other club activities. 10:00 - 16:00

29th – 31st July

Wed – Fri

19th – 21st August

Wed – Fri



Saturday Club is changing, it is now Bewl Valley Youth Squad and is all weekend, every weekend!

This is an exciting year for BVSC and part of that is we are going to help our youth to sail all weekend under supervision of an expert qualified instructor, to help them improve their sailing, grow in confidence and hopefully take part in Club racing but most of all become part of BVSC and get to know and meet other youth members.

There will be a session suitable for any standard of sailing from those that have completed Stage 1 and need some practice before they do their Stage 2, to those that are our top sailors with a view to eventually becoming an instructor.

* Youth Squad is open to club members only. Junior membership starts from only £75 per year

Wednesday Training

Prerequisite Stage 2 + Skills | 1 Evening | £7 plus £5 Boat Hire

Course Duration: 18:00 – 20:30

6th May
13th May
20th May
27th May

3rd June
10th June
17th June
24th June

1st July
8th July
15th July
22nd July



Weekend Training - Intermediate

Prerequisite RYA Stage 2

Saturday PM - 13:30 – 16:30

The afternoons are aimed at sailors of Stage 2 ability or have taken part in the RYA OnBoard Scheme and need help with rigging/ launching, landing and general sailing.

With Own Boat	£12
With Boat Hire	£17

Block Booking Discounts Available Online !

Weekend Training - Advanced

Prerequisite RYA Stage 3

All Day Saturdays

For sailors of Stage 3 and upwards. They will not require help with rigging/ launching and landing and have some race experience and be comfortable sailing on all points of sail.



Morning Only - 9:30 – 12:30

With Own Boat	£12
With Boat Hire	£17

Full Day - 9:30 – 16:30

With Own Boat	£20
With Boat Hire	£27

Free Sunday Racing with Instructor

Boat hire only £15 single or £20 double hander
subject to availability

This fantastic week held every year at Bewl Valley SC is open to all youth sailors in both dinghies and windsurfers who have reached their Stage 2 or above. The week includes coaching, training, racing and games with access to a range of dinghies and with all activity led by RYA Instructors and Coaches.

£150 with own boat
£200 with boat hire
£190 non-members with boat

Please look on the website for updated information.



BEWL VALLEY SAILING CLUB

Youth Week 2015

24th - 28th August
Youth Regatta 29th August



Get Sailing @ Bewl



We have a wide range of courses designed to suit any requirements from first sail experiences to advanced racing techniques and everything inbetween!

Have a go Sessions

No Experience Needed
Saturday Mornings - £20 per person

These sessions for families or individuals will introduce you to the fun and excitement of sailing at Bewl. A maximum of 3 people in a dinghy will be taken out by a competent sailor. Children under 8 are free of charge.

Sessions run from 09:30 - 12:00



**Saturday Mornings from April to October
check website for dates**

Under 8's Go Free !

Weather Permitting

All participants must be confident in water. We regret that babies and toddlers can not be included in these sessions.

Get Sailing @ Bewl !

No Experience Needed
Saturday Mornings - £80 for 4 sessions

During the four sessions you will be introduced to all you need to know to get afloat safely. Under the supervision of a competent sailor you will be introduced to the basic boat controls, learn about essential safety equipment and begin to practice some of the basic boat handling skills.

You will sail with up to 3 people in one of our Training Centre dinghies which are designed to provide a stable platform that allows you to build your confidence and maximize your fun.

All sessions are overseen by an RYA Instructor and appropriate safety boat support when afloat.

By the end of these 4 sessions we hope that you will feel comfortable to sail in light wind conditions without an experienced sailor or Instructor on board.

Sessions run from 09:30 - 12:00



**Saturday Mornings from April to October
check website for dates**

**Price includes 2 months Membership !
and can be discounted from full
membership when you join the club !**

Adult Sailing

RYA Level 1: Start Sailing

No Experience Needed

2 Days | £160 Members | £190 Non Members

This course introduces the adult sailor with little or no experience to the sport. Covering all you need to know to get afloat and the basic boat controls, this is a practical course and you will spend most of your time on the water with a qualified Instructor and 2 other students. By the end of this course you should feel comfortable to sail in light winds under supervision.

Course runs from 09:30 - 17:00

18th – 19th April	Sat – Sun
25th – 16th April	Sat – Sun
16th – 17th May	Sat – Sun
27th – 28th June	Sat – Sun
18th – 19th July	Sat – Sun
15th – 16th August	Sat – Sun
19th – 20th September	Sat – Sun



RYA Level 1: Ladies Morning

No Experience Needed
6 Mornings | £199 Members | £229 Non Members

Based around school times, our Friday morning sessions allow you to get out on the water at a time that suits you. This course runs over six consecutive Friday mornings and will make learning to sail more fun, sociable and accessible. At the end of the course you should feel comfortable sailing a dinghy and can continue sailing on Friday mornings under the supervision of our qualified instructors.

Please contact the office for dates: 01892 890930
Courses run 10:00 – 12:30



Ladies that Launch

Prerequisite RYA Level 1 | 1 Day | £16 plus £4 boat hire

Spend more time on the water, socialising and learning from each other with supervision and guidance from our qualified RYA instructors. These sessions are predominantly for ladies of all ages and abilities with a relaxed sailing session planned around the school day. **Course runs from 10:00 - 12:30**

17th April
24th April
1st May
8th May
15th May
22nd May

5th June
12th June
19th June
26th June
3rd July
10th July

11th Sept
18th Sept
25th Sept
2nd Oct
9th Oct
16th Oct

6th Nov
13th Nov
20th Nov
27th Nov

RYA Level 2: Basic Skills

Prerequisite Level 1
2 Days | £160 Members | £190 Non Members

This 2 day course provides you with an introduction to the all important 'Five Essentials' and the required skills to be able to sail round a triangular course in light wind conditions and how to right a capsized dinghy. The perfect way to consolidate you sailing experience. **Course runs from 09:30 - 17:00**

9th – 10th May
30th - 31st May
4th - 5th June

Sat – Sun
Sat – Sun
Sat – Sun

25th - 26th June
1st - 2nd August

Sat – Sun
Sat – Sun

5th – 6th September
3th – 4th October

Sat – Sun
Sat – Sun

RYA Level 1 & 2 Combined

No Experience Needed
5 Days | £300 Members | £330 Non Members

This 5 day fast-track course brings together Levels 1 and 2 with some extra practice time.
Courses run from 09:30 - 16:30

25th – 29th May
6th – 10th July

Mon – Fri
Mon – Fri

27th - 31st July
3rd - 1th August

Mon – Fri
Mon – Fri

17th – 21st August
7th – 11th September

Mon – Fri
Mon – Fri

RYA Level 3: Better Sailing

Prerequisite Level 2
2 Days | £160 Members | £190 Non Members

This course will help you consolidate and improve your existing skills on the water whilst introducing new techniques. This course will help consolidate and improve your existing basic skills. We will also introduce you to some new techniques which will leave you with the confidence and skills required to progress to the next level of training. **Courses run from 09:30 - 17:00**

28th – 29th March

Sat – Sun

24th – 25th October

Sat – Sun

RYA Seamanship Skills

Prerequisite Level 2 or Stage 4
2 Days | £160 Members | £190 Non Members

Aimed at equipping you with the skills you need to be an independent sailor, in addition to improving your all-round sailing skills, sessions will include techniques for stronger winds, leaving from and returning to a variety of locations; mooring; anchoring and reefing afloat. **Courses run from 09:30 - 17:00**

21st – 22nd March

Sat – Sun

11th – 12th July

Sat – Sun

17th – 18th October

Sat – Sun

Adult Club Sailing Sessions

Prerequisite Level 2

Saturdays:

For those who want to brush up on their skills, and make the most of their time out on the water! With guidance from our Instructors and with top 'hints and tips' and safety boat cover at all times, you will be improving your skills in no time.

A great way to make new friends too.

Choose from Morning, Afternoon or All Day Sessions.

Half Day

(09:30 – 12:30 or 13:30 – 16:30)

£12.50 + £10 Boat Hire

Full Day

(09:30 – 16:30)

£25.00 + £20 Boat Hire

Every Saturday from March to November

Wednesday Evenings:

During the summer evenings these sessions give you another chance to get out on the water under supervision from one of our instructors. Sessions run from 18:00 - 20:30. £12.50 + £7.50 Boat Hire.

6th May
13th May
20th May
27th May

3rd June
10th June
17th June
24th June

1st July
8th July
15th July
22nd July

29th July
12th August
19th August



Stuck for gift ideas?

Our vouchers make the perfect gift for any occasion!

£10, £20, Private Sailing/
Windsurfing tuition
sessions all available to
order today...

Call or email us to purchase
your voucher/s!



Adult Windsurfing

RYA Start Windsurfing No Experience Needed | 2 Days | £160 Members | £190 Non Members

Using the Starboard, Bic and Tushingham windsurfing kit, this course is the perfect way to get you on the water for the first time with the aim of getting you up on the board and sailing around in no time!
Courses run from 10:00 - 16:30.

16th – 17th May

Sat – Sun

20th – 21st June

Sat – Sun

25th – 26th July Sat – Sun





*learn to
windsurf
with us!*

Instructor Training

RYA First Aid

No Experience Needed | 1 Day | £80

This is a one day RYA course, incorporating theoretical and practical aspects of First Aid. It covers all essential components, including CPR, defibrillation, choking, wound care and all water related incidents. It is a certificated course, and the price includes the RYA recommended First Aid Manual. No prior knowledge of First Aid is required. This is an essential certificate for RYA Instructors, yet would be beneficial to all.
Course runs from 09:30 – 17:00

11th October

RYA Pre-Entry Assessment

1 Day | £85

This is an essential Prerequisite for anyone wishing to train as an RYA Dinghy Instructor.
Course runs from 10:00 – 17:00

11th July

RYA Dinghy Instructor Training and Assessment

5 Days | £320

Essential for anyone wanting to teach sailing, our comprehensive course is run by experienced RYA Coaches and will provide a first class start for any new instructor. Four days are spent on training and instructional techniques and the final day is spent on assessment and debriefing. Prior to the course the candidates must have proof of:

1. Pre-entry assessment
2. RYA Powerboat Level 2
3. Current First Aid certificate

Please note: there may be some evening work programmed. **Course runs from 09:00 – 18:00**

17th – 21th August

Mon – Fri

26th – 30th October

Mon – Fri



Powerboating

RYA Powerboat Level 2 No Experience Needed | 2 Days | £170 Members | £200 Non Members

As an introduction to Powerboating this course gives you all the skills and knowledge to keep you safe whilst driving and manoeuvring a powerboat. **Course runs from 09:30 – 17:00**

4th – 5th July

Sat – Sun

17th – 18th October

Sat – Sun

RYA Safety Boat

Experienced Level 2 | 2 Days | £180 | £215 Non Members

During this course you will learn and practice methods and techniques of fleet management and safety and rescue of small crafts. **Course runs from 09:30 – 17:00**

11th – 12th July

Sat – Sun

PRIVATE TUITION

If you cannot make any of the dates in our brochure, wish to learn more intensively, or find it difficult learning in a large group, then why not book yourself some private tuition. Learning one to one, whether you wish to learn from scratch, or simply want to build on what you already know, then private tuition could be for you. **Half a day: £90 per person or £150 if two people**



**BEWL VALLEY
SAILING CLUB**

BOOKING

How to book:

- 1) Select a course from this brochure.
- 2) Book online at www.bewlvalleysc.co.uk or call us on 01892 890 930
- 3) Please make sure you note the date of the course that you have booked.

BOOKING CONDITIONS: Please read carefully before booking.

1. The full course/tuition fee is payable at the time of booking.
2. Bewl Valley Sailing Club may reschedule any course if less than 3 people book on a course.
3. In the event of unsuitable weather the affected part of the course may be rescheduled.
4. Cancellation by you: a full refund will be made only if notice in writing is received no later than 7 days prior to the start of the course.
5. In the event that a course participant, through illness or otherwise, misses the start of (or any other part of) the course, Bewl Valley Sailing Club are under no obligation to offer completion of the course or any refund or to transfer the booking.
6. Personal insurance is the responsibility of the course participant. Course participants are advised to take out personal insurance for any courses to cover the event of missing the course, cancellation, curtailment, personal injury, accident, damage to (or loss of) personal equipment or any other reason either caused by the course participant or beyond their control.
7. Course participants using their own equipment do so at their own risk and Bewl Valley Sailing Club will accept no liability for damage or loss howsoever caused. Personal buoyancy aids/lifejackets will be checked by your Instructor to ensure it meets nationally accepted standards.
8. Bewl Valley Sailing Club reserves the right to vary course details, dates and prices without prior notice.

Disclaimer: Bewl Valley Sailing Club and their RYA Instructors, RYA Senior Instructors, RYA Coaches and Course Organizers do not accept responsibility for any loss damage or injury suffered by persons and/or their property arising out of or during the course of their activities whilst training and/or coaching and/or instruction unless such injury loss or damage was caused by, or resulted from negligence or deliberate act.

BOOK ONLINE

www.bewlvalleysc.co.uk • 01892 890 930

Get Sailing!

Club Membership

New members are always welcome and we take pride in making Bewl Valley Sailing Club a friendly, relaxed and informal place for new members.

Just sign up and join us in enjoying the water sports fun that is to be had at Bewl.



2015 membership rates

Family	£ 223
Individual	£ 160
Young Adult	£ 100
Junior	£ 75
Social	£ 50

Craft Fees

1st Craft	£ 217
Additional Craft	£ 100
Junior Craft	£ 100
Optimist / RS Tera	£ 54
Windsurfer / SUP Board	£ 100
2nd Board	£ 70

The membership year starts on 1st April (subscription due date) and runs until the 31st March.

Join online or visit the club office

How to find us

Bewl Water is situated just one mile south of Lamberhurst off the main A21 London to Hastings road. Turn off the A21 at the traffic islands marked with a brown tourist sign and follow the road to the entrance gate. Upon arrival follow the signs to the sailing club. Tel: 01892 890 930





BEWL VALLEY SAILING CLUB

Bewl Water, Lamberhurst
Kent, TN3 8JH

Telephone: 01892 890930 Email: training@bewlvalleysc.co.uk